

# *Introduction to EMDR Therapy & Addiction Protocols*

## *April 17, 2015*



**Instructor: Brenda Rohren, M.A., MFS, LIMHP, LADC, MAC**

EMDR therapy is an evidence-based practice (SAMHSA) that is accepted by the American Psychiatric Assoc., American Psychological Assoc., World Health Organization, the US Dept. of Veterans Affairs and Dept. of Defense, and many international health organizations. Despite the well-documented effectiveness of EMDR therapy, many clinicians are not aware of the approach or do not have an accurate understanding of EMDR therapy, especially as related to the treatment of addictions. The topic is also important because of misinformation about required training and how to identify a competent EMDR therapist.

**Host Site: Lincoln**  
SCC-Community Education Center  
301 S 68th Street Place

**Satellite Site: North Platte**  
ESU #16  
1221 W 17th Street

The above sites are ADA compliant. Please contact TAP at 402-483-4581 if special accommodations are required.

**Registration: 8:15 am**

**Workshop: 8:30 am - 4:00 pm**

**CEU's: 6 hours**

This program meets the criteria of an approved continuing education program for CSW, CMSW, LMHP, LADC for 6.0 contact hours.

**NAADAC Approved Education Provider #863**

**CRIMINAL JUSTICE APPROVED**

**No EMDR Training Required: This workshop does not meet the requirements for EMDR Basic Training.**

**Objectives:** As a result of this training Participants will be able to:

- Learn the origin, history and definition of EMDR therapy
- Discuss the primary national and international EMDR organizations
- Recognize levels of training required to be an EMDR therapist (e.g., Basic Training)
- Describe ways to find qualified EMDR therapists
- Discuss the Adaptive Information Processing (AIP) model
- Identify the 8 phases and Three-Pronged Approach of EMDR therapy
- Recognize how EMDR therapy can be used in the treatment of substance use disorder
- Describe the Feeling State Addiction Protocol (FSAP) and the Desensitization of Triggers and Urge Reprocessing (DeTur) Protocol

### **Instructor Information**

Brenda Rohren has over 30 years of management and clinical experience in the behavioral health field and is a Certified EMDR therapist. Brenda serves on the Board of Directors for the EMDR International Association (EMDRIA), is the Regional Coordinator for the Southeast Nebraska EMDRIA Regional Network, and is an EMDRIA Approved Consultant-in-Training (CIT). In addition, she is President of Behavioral Health Resources, LCC (a CARF-accredited organization).



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1. Notice of cancellation or transfer must be submitted in writing using the form found under Forms at [www.lmep.com/tap.aspx](http://www.lmep.com/tap.aspx) before the class begins.
2. Refunds and transfers will be handled according to TAP Policy.

**REGISTRATION FEE INCLUDES:**

Workshop instruction, course materials, and CEU's approved by the National Association of Alcoholism and Drug Abuse Counselors (NAADAC).

**Mark the site you will be attending:**

**Lincoln**

**North Platte**

Name (please print)		Former Names
Title	Company	
Mailing Address/City/ State/Zip		
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**Fax this form to:** 402-483-2882 **or Mail it to:** TAP Program, 4600 Valley Rd. Lincoln, NE 68510  
Call TAP at 402-483-4581 ext. 6831 or ext. 6832 for any questions you may have.

I have read and accepted all the terms and conditions in the TAP Program Policies, which represents the entire understanding between myself (the participant) and the TAP Program and supersedes any prior statements or representation. By sending in this registration, I agree to the rules and regulations of the TAP Program.