

Frequently Asked Questions for Consultants-in-Training

Q: What is consultation of Consultation?

A: Consultation of consultation is a collaborative relationship between an Approved Consultant (AC) and a Consultant in Training (CIT). The CIT explains and discusses with an AC the consultation that the CIT is providing to an EMDR trained clinician. The AC advises the CIT regarding the consultation that he/she is providing for EMDR clinicians. If the EMDR trained clinician intends to use the hours of consultation received from a CIT towards their EMDRIA Certification application, the CIT cannot provide more than 15 hours of consultation to the clinician for application purposes. The remaining hours of consultation must be provided by an AC.

Q: I took the EMDR Basic Training program and became a Certified Therapist before the new curriculum was implemented. As a Consultant-in-Training (CIT), do I need to take the new version of the Basic Training course to provide consultation to people who are trying to get Certified?

A. No.

Q: Can I start working on my Approved Consultant application requirements before I am a Certified Therapist?

A. No, you must receive Certified Therapist designation before you can be considered a Consultant-in-Training and can begin work on your Approved Consultant application.

Q: How many hours of consultation can a Consultant-in-Training provide to someone who has completed a Basic Training course and is working on becoming a Certified Therapist?

A. Consultants-in-Training can provide 15 hours of consultation to someone working on becoming a Certified Therapist. The remaining 5 hours must come from an Approved Consultant.

Q: What are the fees for Consultation-of-Consultation?

A: Fees are set by individual Approved Consultants—not by the EMDR International Association.

Q. Under the new Basic Training Curriculum there are 10 hours of consultation that are required to complete the Basic EMDR Training. Can a Consultant-in-Training provide these consultation hours to trainees?

A. As a Consultant in Training, you can provide the Basic EMDR Trainees with the 10 hours of Consultation that are required for completion under the new Basic EMDR Training Curriculum under the following condition: The EMDRIA Approved Basic EMDR Training Provider may designate which AC's and/or CIT's may provide the Consultation hours to their trainees. Please contact the Basic Training Provider to find out about Consulting with Basic EMDR Trainees.

Q: *I'm an AC/CIT - What should I include in the letter of recommendation for my consultee?*

A: The letter(s) of recommendation should include how the consultee utilizes EMDR while in the consulting group or individual consultation. The letter(s) of recommendation should also include the documentation of consultation hours as listed above.